



EN 304 Parallel Dip

Instruction Manual & Parts List



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EN 304 PARALLEL DIP MACHINE

INTRODUCTION

The Parallel Dip Machine is a wheelchair accessible fitness system that develops upper body strength – particularly in the shoulders and arms. Benefits range from improving seated transferring ability to optimizing overall upper body strength.

Value features include adjustable handles, bronze bushing pivots, non-skid floor strips, and a durable steel frame construction. An optional workout seat (EN 415) is available for able-bodied workouts on the Parallel Dip Machine.

WARNING:

Before beginning workouts with this or any other exercise unit, please consult with your physician. This is especially important for people over the age of 35 or individuals with pre-existing health problems. Please read instructions in full before using this unit. The Endorphin Corporation assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

SAFETY PRECAUTIONS:

1. Consult your physician before using this exercise equipment.
2. Keep hands, feet, and head away from moving parts and adjustment tubes.
3. Minors should not workout - only with strict adult supervision. This equipment is not recommended for use by children under 15 years of age.
4. Ensure that all adjustment pins/knobs are fully secured before using the machine.
5. Report product defects to the facility owner and do not use until repairs are made.
6. Do not alter or add to this equipment.

EN 304 PARALLEL DIP MACHINE: INSTRUCTIONS

PLEASE NOTE THAT THIS UNIT IS TO BE USED BY ONE INDIVIDUAL AT ANY ONE TIME. ALL OTHERS MUST BE CLEAR OF THE UNIT WHILE IT IS IN OPERATION.

EXERCISES:

When using a wheelchair, back the chair into the frame and place the rear wheels onto the floor plates, ensure that the chair is centered between the handle. Ensure that the wheelchair brake is on. You are ready to exercise. If using a conventional chair, center the front chair legs onto the floor plates and place your feet in front.

Place the weight you wish to lift on to the weight posts provided at the rear of the upper handle; place an equal amount of weight on each post. Place your hands securely onto the handles on either side of the chair; adjust the position if required. Keeping your back straight against the chair, extend your arms down to the side, being careful not to over extend your arms. Repeat this motion in a slow and controlled manner.

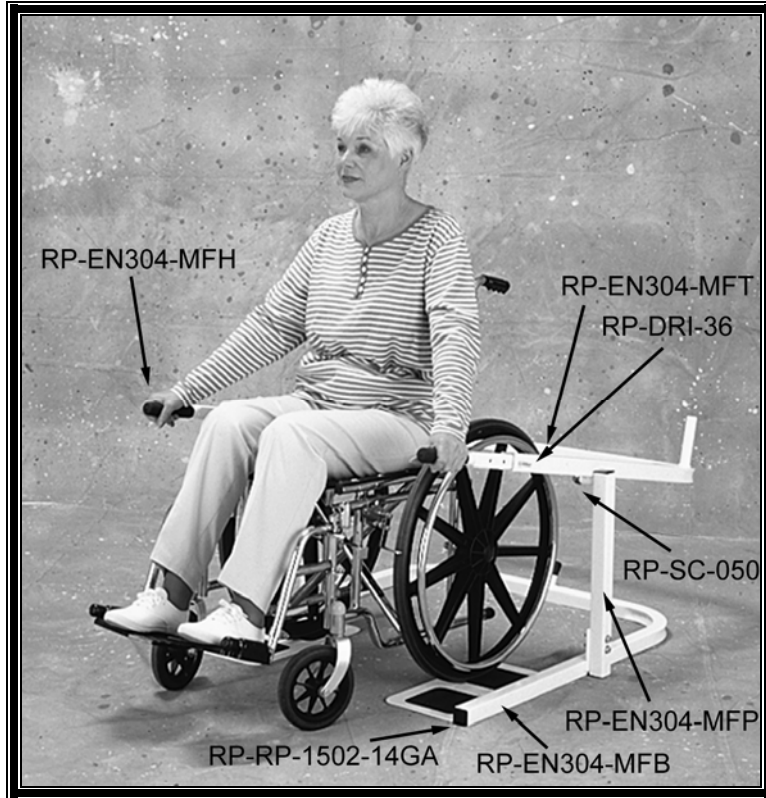
ASSEMBLY:

1. Remove all the parts from the box and place them up on the floor.
2. Place the base frame, u-shaped frame with floor plates, in the position to be assembled on the floor. Please note that the open end is the front of the unit.
3. Place the pivot support post on to the outside of the handle. Secure the pivot pin to the handle with the set collars provided.
4. Lift the handle assembly and hold it above the base frame, two people may be required, then secure the bottom of the pivot support posts using the fasteners provided. Note that the weight posts at the rear of the handle must point upwards.
5. Insert the adjustable hand grips, use the pin provided to secure them in to position.



Quality • Service • Value
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EN 304 Parallel Dip Replacement Part Identification & Order Placement Sheet



Purchase Order #		Date:	
Contact		Fax #:	
Telephone #		Street:	
Facility		Zip:	
City			

ITEM #	QTY	PART #	DESCRIPTION	PRICE (Each)
				\$
				\$
				\$
				\$
Order Sub Total				\$
Shipping				\$
Tax				\$
TOTAL				\$



Endorphin Product Warranty

The Endorphin Corporation warrants that all equipment conforms to the written specifications set forth by Endorphin and applicable at the time of Buyer's order.

Endorphin warrants all of its products to be free of defects for a period of five (5) years for movable parts and for twenty (20) years for the frame.

We will promptly repair or replace any defective parts or products including labor at any time during the first year from delivery and acceptance by the end user. *For certain products, warranty repairs will be provided on site at no additional cost for the first year.* Defective parts or frames will be promptly replaced at no cost excepting labor for the remainder of the warranty period thereafter.

In certain cases to avoid any undue delay, Endorphin may, at its discretion, replace a product with a factory-refurbished product of the same model and feature level.

Warranties are void if, in the reasonable opinion of Endorphin, the equipment has been abused, altered, improperly used, or improperly maintained.

Except for the express warranties contained herein, Endorphin hereby disclaims all expressed, implied, or statutory warranties with regard to its equipment, including all warranties of merchantability and fitness for any particular purpose. And stated express warranties are in lieu of all obligations or liability on the part of Endorphin for damages, including but not limited to, special indirect, or damages arising out of or in connection with the use of, or performance of the equipment sold to Buyer.

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CUSTOMER WARRANTY INFORMATION RECORD

DATE PURCHASED:		CONTACT:	
FACILITY:		STREET:	
CITY:		STATE & ZIP:	
TELEPHONE:		FAX:	

MODEL #:		ITEM:	
SERIAL #:			
DIRECT PURCHASE:	YES / NO (CIRCLE)	DEALER NAME:	

PLACE
STAMP
HERE

The Endorphin Corporation
Attn: Customer Service
6901 90th Avenue North
Pinellas Park, FL 33782
U.S.A.